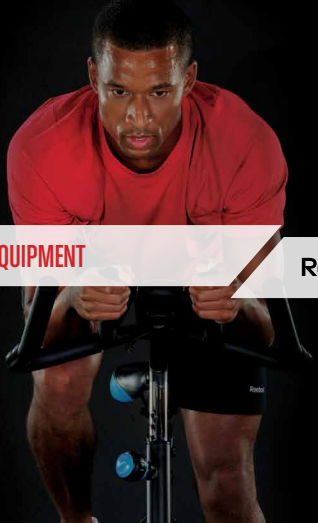
IGNITE YOUR WORKOUT
LIVE WITH FIRE

REEBOKFITNESS.INFO

FITNESS EQUIPMENT

Reebok



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KEEP FIT AND HAVE FUN

Reebok

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Reebok
TITANIUM

STRENGTH. POWERED BY DESIGN.

DESIGN

The Reebok Titanium Series of fitness equipment symbolises strength, high performance and reliability, possessing the ability to redefine the core DNA of our fitness equipment whilst harnessing the defining features of titanium.

The Reebok Titanium Series elevates performance in fitness with an elegant and inspired, yet robust design.

TRIPLE FLEX CUSHIONING

Inspired by the motion of running, the Titanium Series combines the three stages of running into the running deck cushioning; **Contact. Midstance. Propulsion.**

The innovative TripleFlex Cushioning provides you with the most efficient, comfortable and uncompromising platform for your workout.

I-DRIVE

The Titanium Series features the i-Drive control wheel to give you an easy and intuitive way to control your workout.

Its smart, elegant design allows you to operate the consoles frequently used functions, such as speed, incline and resistance level, without the need to use multiple buttons.

Simply rotate and click the wheel to access each function and tailor your workout in the most efficient way possible.

TT1.0 TREADMILL

- 50 x 140cm Running Area
- User Profiles
- Heart Rate Control
- Folding Design
- Soft Drop System
- Hand Pulse Sensors
- Wireless Pulse Receiver
- Speed & Incline Handlebar Controls
- 5" LCD Display Screen
- USB Charger
- 135kg Max User Weight

RVTT-10021EK
RVTT-10021WH

TT2.0 TREADMILL

- 50 x 150cm Running Area
- User Profiles
- Heart Rate Control
- Folding Design
- Soft Drop System
- Hand Pulse Sensors
- Wireless Pulse Receiver
- Speed & Incline Handlebar Controls
- 7" LCD Display Screen
- Cooling Fan
- USB Charger
- 140kg Max User Weight

RVTT-10420BK
RVTT-10420WH

REEBOKFITNESS.INFO

TT3.0 TREADMILL

- User Profiles
- 50 x 150cm Running Area
- Apple Compatible OS
- Android Compatible OS
- Run On Earth App
- USB Charger
- Folding Design
- Soft Drop System
- Hand Pulse Sensors
- Heart Rate Control
- Wireless Pulse Receiver
- Speed & Incline Handlebar Controls
- 7" LCD Display Screen
- 145kg Max User Weight

3.00 HP Motor

20 KPH Max Speed

16 Levels Electronic Incline

- I-DRIVE CONSOLE SYSTEM
- MP3 INPUT WITH BUILT IN SPEAKER SYSTEM
- 17 CONSOLE PROGRAMS
- TRIPLE FLEX CUSHIONING SYSTEM
- BLUETOOTH CONNECTIVITY
- COOLING FAN
- 192 x 87 x 139cm

RVTT-10121BK
RVTT-10121WH

TX1.0 CROSS TRAINER

- User Profiles
- Heart Rate Control
- Hand Pulse Sensors
- Adjustable Footplates
- Wireless Pulse Receiver
- 135kg Max User Weight
- 149 x 60 x 158cm

11kg Flywheel

20 Resistance Levels*

20 Console Programs

- I-DRIVE CONSOLE SYSTEM
- MP3 INPUT WITH BUILT IN SPEAKER SYSTEM
- 5" LCD DISPLAY
- 16.5" STRIDE LENGTH

RVTT-10110BK
RVTT-10110WH

*20 Levels of Magnetic Resistance

REEBOKFITNESS.INFO

TX2.0 CROSS TRAINER

- User Profiles
- Heart Rate Control
- Adjustable Footplates
- Hand Pulse Sensors
- Run On Earth App
- Wireless Pulse Receiver
- Apple Compatible OS
- Andriod Compatible OS
- Bluetooth Connectivity
- 140kg Max User Weight

RVIT-19410EK
RVIT-19410WH

*25-400 Watt, 75 Levels of Resistance

TXF3.0 CROSS TRAINER

- User Profiles
- Heart Rate Control
- Adjustable Footplates
- Hand Pulse Sensors
- Run On Earth App
- Wireless Pulse Receiver
- Apple Compatible OS
- Andriod Compatible OS
- Bluetooth Connectivity
- 145kg Max User Weight

RVIT-19710EK
RVIT-19710WH

*20 Levels of Magnetic Resistance

Reebok

RUN ON EARTH

EXERCISE AT HOME AND SEE THE WORLD...

JUST CONNECT YOUR SMARTPHONE OR TABLET TO A COMPATIBLE FITNESS MACHINE.

TC5.0 TX2.0 TXF5.0 TT5.0

RUN ON!

Available on the App Store

GET IT ON Google play

DOWNLOAD THE RUN ON EARTH APP.

INTEGRATED WITH GOOGLE MAPS

Run on Earth is integrated with Google Maps and lets you set routes and enjoy the realistic experience of exercising around the world. Using elevation data, Run on Earth automatically communicates with your fitness machine to simulate the real world conditions in terms of incline or resistance levels.

WORKOUT TRACKING

During exercise sessions, view important workout stats like resistance, incline, time, calories, distance and speed. After each session you will get a full workout report, which can be saved and viewed later. This makes it easy to set goals, track performance and stay motivated!

EASY ROUTE SETUP

Setting up routes couldn't be easier, whether it's across town or on the other side of the world! All you need to do is move the start icon to the place you want to begin and then tap on the place you want to end. You can also easily add several changes to the route so that you can exercise by your favourite locations.

SOCIAL MEDIA SHARING

Make exercise more fun and social by sharing workout results to Facebook, Twitter and Email. When you share exercise stats, your friends and family can see your performance and provide feedback on how you are doing.

TC1.0 BIKE

- User Profiles
- Heart Rate Control
- Hand Pulse Sensors
- Wireless Pulse Receiver
- 5" LCD Display Screen
- Transport Wheels
- 135kg Max User Weight
- 111 x 55 x 142cm

9kg Flywheel

20 Resistance Levels*

20 Console Programs

- I-DRIVE CONSOLE SYSTEM
- MP3 INPUT WITH BUILT IN SPEAKER SYSTEM
- SELF LEVELLING PEDALS
- ERGONOMIC SEAT DESIGN

RVIT-10303.BK
RVIT-10303.WH

*20 Levels of Magnetic Resistance

TC2.0 BIKE

- User Profiles
- Heart Rate Control
- Hand Pulse Sensors
- Wireless Pulse Receiver
- 5" LCD Display Screen
- Transport Wheels
- 140kg Max User Weight
- 111 x 55 x 142cm

11kg Flywheel

75 Resistance Levels*

20 Console Programs

- I-DRIVE CONSOLE SYSTEM
- MP3 INPUT WITH BUILT IN SPEAKER SYSTEM
- SELF LEVELLING PEDALS
- ERGONOMIC SEAT DESIGN

RVIT-10403.BK
RVIT-10403.WH

*25-400 Watt, 75 Levels of Resistance

RE-BOK-FITNESS.INFO

TC5.0 BIKE

- 20 Console Programs
- User Profiles
- Heart Rate Control
- Hand Pulse Sensors
- Wireless Pulse Receiver
- 7" LCD Display Screen
- Apple Compatible OS
- Android Compatible OS
- Run On Earth App Compatible
- Transport Wheels
- Ergonomic Seat Design
- 145kg Max User Weight

PEDAL MONITOR

TRACK YOUR PROGRESS AS YOU EXERCISE

COMPATIBLE WITH:

TRACK WORKOUT STATES

Pedal Monitor makes it easy to track your progress as you exercise. Workout stats are shown on a dashboard while exercising and can be saved after every session. You can then monitor your performance to see if you are improving and reaching your fitness goals.

EXCELLENT TRAINING PROGRAMS

You won't get bored exercising with the many fun and challenging training programs. Each program has three different levels, so you can choose the one that best fits your needs. You can challenge yourself with a different program every time, or do the same program to see if your results are improving.

FANTASTIC WORKOUT MODES

There are many great workout modes in Pedal Monitor. **Goal mode** lets you set multiple training targets, including time, distance and calories. **HRC mode** lets you select a target heart rate zone to exercise at, while **Recovery mode** tests your heart during a 60 second cool down after a fitness session.

Available on the App Store

DOWNLOAD THE PEDAL MONITOR APP.

TITANIUM SERIES

REEBOKFITNESS.INFO

ZR-SERIES
THE SCIENCE OF RUNNING

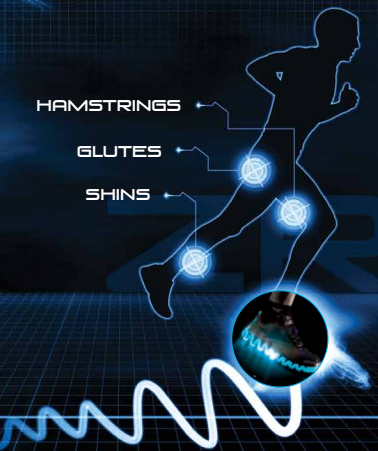
Every time your foot connects with the ground during a run a force similar, and in some cases greater, than your body weight is transmitted back up your lower body.

As a treadmill user, it is extremely important to have the necessary equipment to support your fitness activities. Inspired by Reebok ZigTech technology we have incorporated a cushioning and energy return feature that enhances your workout.

SO HOW DOES IT WORK?

ZigTech technology reduces stress in the glutes, hamstrings and shins by harnessing the shockwaves made whilst running. The zig-shaped treadmill cushioning absorbs the impact of heel strike and sends a shock wave along the length of the running deck to disperse high levels of energy, and ultimately assist your joints and muscles during exercise.

INSPIRED BY
REEBOK ZIGTECH TECHNOLOGY



REEBOKFITNESS.INFO
Scan the QR Code to see the full ZR Series

ZR11 TREADMILL

The Reebok ZR11 Treadmill is everything you want in a treadmill to enhance your overall fitness. A powerful 2.5kHP continuous motor coupled with the more than ample 137 x 50cm running range provides the ideal platform for a variety of different intensity runs. With a maximum speed of 18kmh and 15 different incline levels all conveniently controlled through the stylish LCD backlit display, the different combinations of workout are almost endless!

But, to make sure you are on the right track, there are 24 pre-set programmes combining different inclines and speeds for a surprisingly varied workout. Not enough? Well, if you want to set your own workout programme there is space for this too with user defined functions helping you get on and go!

As well as being a fantastic, popular piece of equipment for improving overall cardiovascular health, treadmill running can actually help you tone and strengthen muscles. With the varied incline levels on all of our treadmills, you can work various muscle groups harder than you normally would during an outdoor run. For that extra challenge we also recommend integrating weights or dumbbells (see pages 44-47) into your training, which also helps tone your arms - something often neglected during running.

RD-12211HH (With HRC)
RD-12221HH (With HRC)

- 2.5HP MOTOR
- 18KM/H
- LCD DISPLAY
- 137 X 50 CM TREAD
- SOFT DROP
- MP3 INPUT
- HAND PULSE
- ZIG TECHNOLOGY
- ELECTRONIC INCLINE
- 24 PROGRAMMES
- 127 X 36CM RAIL

REEBOKFITNESS.INFO
Scan the QR Code to see the full ZR Series

ZR10 TREADMILL

The ZR10 Treadmill combines sleek design with solid performance. Featuring a 2.0HP motor, you can run at speeds of up to 18km/h on the more than ample running deck of 132 x 45cm suitable for a maximum user weight of 120kg.

The integrated LCD screen with a blue and yellow backlight offers quick and easy control to the 24 pre-set programmes, user defined and target programmes for a varied workout.

To further increase the variety of your exercise and enhance the workout of various muscles, the ZR10 Treadmill allows 15 electronic incline levels which can be viewed and adjusted through the LCD console alongside functions for speed, time, distance, calories, pulse and heart rate.

As well as being a fantastic, popular piece of equipment for improving overall cardiovascular health, treadmill running can actually help you tone and strengthen muscles. With the varied incline levels on all of our treadmills, you can work various muscle groups harder than you normally would during an outdoors run. For that extra challenge we also recommend integrating weights or dumbbells (see pages 44-47) into your training, which also helps tone your arms - something often neglected during running.

REEBOKFITNESS.INFO
Scan the QR Code to see the full ZR Series

ZR10 ELLIPTICAL

The ZR10 Cross Trainer features the new self-generating power system and 32 levels of electronic resistance meaning you can take your workout anywhere and modify the intensity of your workout to suit your needs. 12 pre-set programmes, plus target time, distance or heart rate, are all easily accessible through the sleek new backlit LCD screen which provides an easy to use and responsive display to monitor your workout making the ZR10 Cross Trainer extremely versatile for all levels of home fitness.

The naturally placed hand pulse sensors offer the ability to calculate body fat and measure your constant heart rate and, with the 7kg flywheel weight and a whole variety of workout programmes, the ZR10 Cross Trainer gives you the ability to create a varied workout programme every time.

Cross trainers provide the perfect balance of all cardiovascular equipment by offering a low impact workout to achieve a great method of losing weight, improving overall and cardiovascular fitness without adding any stress to the legs or back.

RE-1201WH
RE-1201BK

ZR10 BIKE

The innovative ZR10 Exercise Bike uses a self-generating power system with rechargeable batteries to allow for a more flexible exercise programme. This system allows for all of the key features of the bike to be powered by your movement which encourages more motivation throughout your workout.

Cycling can provide a fantastic workout for many of the body's key muscles. The glutes, hamstrings and quads are all active whilst cycling, plus you get an excellent cardiovascular workout. The ZR10 Bike also features 32 levels of electronic resistance and 21 different programmes all controlled through the sleek and attractive backlit LCD screen which displays core functions such as your speed, time, distance and calories burnt. With the hand pulse measuring system, you can also measure your heart rate and calculate your body fat easily, all through the LCD console without having to break your movement due to the convenient location of the sensors and console.

RE-1202WH
RE-1202BK

REEBOKFITNESS.INFO
Scan the QR Code to see the full ZR Series

ZR10F ELLIPTICAL

The ZR10F Cross Trainer has a front drive mechanism which provides a smoother platform for your workout compared to rear drive machines. With two independent rolling mechanisms, you are provided with a more challenging movement for better workouts.

Featuring the new self-generating power system and 32 levels of electronic resistance, you can modify the intensity of your workout to suit your needs. 21 programmes, including target time, distance or heart rate, are all easily accessible through the sleek new backlit LCD screen which provides an easy to use and responsive display to monitor your time, distance or even calories burnt, making the ZR10F Cross Trainer a versatile piece of equipment for all levels of home fitness.

The naturally placed hand pulse sensors offer the ability to calculate body fat and measure your constant heart rate. With the innovative folding mechanism for easy transportation, 7kg flywheel weight and a whole variety of workout programmes, the ZR10F Cross Trainer is one versatile piece of equipment.

RE1-ZR10WH
RE1-ZR10BK

selfpower

REBOOKFITNESS.INFO
Scan the QR Code to see the full ZR Series

ZR8
TREADMILL

The Reebok ZR8 Treadmill has all the functional benefits of any compact treadmill, with the added feature of electronic incline control providing a seamless way to increase the difficulty of your workout. With a running deck of 126 x 41cm and maximum user weight of 120kg, the ZR8 has more than enough space for an effective workout.

Housed within the smooth exterior is a 2.0HP continuous motor which offers the ZR8 Treadmill speeds between 1-16km/h, a great range for anyone serious about running. An integral part of our treadmills is the easy fold system which makes having a treadmill at home convenient and safe with the built in soft drop mechanism.

To offer a varied workout, the ZR8 has 24 pre-set workout programmes installed, all offering different combinations of incline and speed to help you work different muscle groups and improve overall fitness. As well as being a fantastic, popular piece of equipment for improving overall cardiovascular health, treadmill running can actually help you tone and strengthen muscles. With the varied incline levels on all of our treadmills, you can work various muscle groups harder than you normally would during an outdoors run. For extra challenge we also recommend integrating weights or dumbbells into your training, which also helps tone your arms - something often neglected during running.

REEBOKFITNESS.INFO
Scan the QR Code to see the full ZR Series

ZR8 ELLIPTICAL

The ZR8 Cross Trainer offers an ultra-smooth motion with the 9kg flywheel which provides total inertia of 245kg. With 32 levels of resistance all easily controlled through the sleek LCD display, your workout has never been so simple! The backlit display enables you to monitor your time, distance, heart rate or see how close you are to burning your target number of calories.

The 12 pre-set programmes let you challenge yourself using a variety of different targets and settings, plus 7 more individual programmes. With the conveniently placed sensors, you can keep an eye on your heart rate and with electronic resistance control and adjustable floor level you can tailor your workout for comfort and flexibility.

Cross trainers provide the perfect balance of all cardiovascular equipment by offering a low impact workout to achieve a great method of losing weight, improving overall and cardiovascular fitness. The unique design of the rear drive cross trainer provides a high intensity workout without adding any strain to the legs or back, making this type of equipment ideal for all levels of fitness. Whatever your goal for fitness, the ZR8 Cross Trainer can help you achieve it.

RES-11810WH
RES-11810BK

ZR8 BIKE

The Reebok ZR8 Exercise Bike provides a wide range of features to help you benefit from the best possible cycling workout. With a large LCD screen with dual backlight, you are able to easily view your progress in addition to a number of functions such as speed, time, distance - and even your pulse - with the conveniently located hand pulse sensors on the handlebars.

Cycling can provide a fantastic workout for many of the body's key muscles. The glutes, hamstrings and quads are all active whilst cycling, plus you get an excellent cardiovascular workout. The 32 levels of resistance with the ZR8 reinforces the workout of these muscles for an additional challenge, coupled with the inclusion of 19 programmes to offer variety every time you use jump on.

The inclusion of a 9kg flywheel plus the adjustable pedals and comfort saddle aids in the workout of all the key muscle groups for a smooth and comfortable ride.

RES-11810WH
RES-11810BK

ZR7 TREADMILL

The Reebok ZR7 Treadmill is the ideal way to get into home fitness. Offering a decent sized running deck of 126 x 41cm with a 1.5HP continuous motor, the ZR7 can handle a good amount of constant exercise. With the easy fold system, the ZR7 provides a compact solution to owning a treadmill at home, positioning itself as one of the best compact treadmills around. The LED window console display helps you keep track of a number of functions including time, distance, calories and your heart rate. With a maximum speed of 13km/h, 2 manually adjusted incline levels and 24 pre-set programmes, there are many options for a varied workout to focus on different muscle groups or overall cardiovascular fitness.

As well as being a fantastic, popular piece of equipment for improving overall cardiovascular health, treadmill running can actually help you tone and strengthen muscles. With the varied incline levels on all of our treadmills, you can work various muscle groups harder than you normally would during an outdoors run. For that extra challenge we also recommend integrating weights or dumbbells into your training, which also helps tone your arms - something often neglected during running.

RSD-TFZ7TRWH
RSD-TFZ7TRBK

- 1.5HP MOTOR
- 1-13KM/H
- LED DISPLAY
- 126 X 41 CM DECK
- SOFT DROP
- HR HC PULSE
- ZR TECHNOLOGY
- 24 PROGRAMMES
- 165 X 140 CM FRAME

COMPACT FOLDING DESIGN

ZIG CUSHION

ZR-SERIES

REEBOKFITNESS.INFO
Scan the QR Code to see the full ZR Series

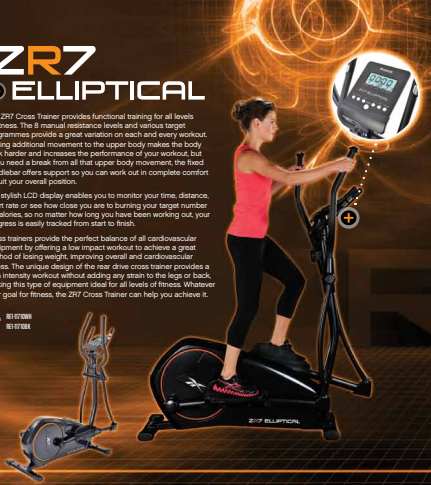
ZR7 ELLIPTICAL

The ZR7 Cross Trainer provides functional training for all levels of fitness. The 8 manual resistance levels and various target programmes provide a great variation on each and every workout. Adding additional movement to the upper body makes the body work harder and increases the performance of your workout, but if you need a break from all that upper body movement, the fixed handlebar offers support so you can work out in complete comfort to suit your overall position.

The stylish LCD display enables you to monitor your time, distance, heart rate or see how close you are to burning your target number of calories, so no matter how long you have been working out, your progress is easily tracked from start to finish.

Cross trainers provide the perfect balance of all cardiovascular equipment by offering a low impact workout to achieve a great method of losing weight, improving overall and cardiovascular fitness. The unique design of the rear drive cross trainer provides a high intensity workout without adding any strain to the legs or back, making this type of equipment ideal for all levels of fitness. Whatever your goal for fitness, the ZR7 Cross Trainer can help you achieve it.

RET-97001W
RET-97001K



ZR7 BIKE

The Reebok ZR7 Exercise Bike offers the experience to get on and go if you are new to cycling, whilst still helping you benefit from the best possible cycling workout. With a large LCD screen, you can easily view your key stats such as time, distance, calories burnt and your pulse rate with the conveniently located hand pulse sensors on the handlebars.

Cycling can provide a fantastic workout for many of the body's key muscles. The glutes, hamstrings and quads are all active whilst cycling, plus you get an excellent cardiovascular workout. The 8 levels of resistance, manually controlled with the ZR7, adds an extra dimension to the workout of these muscles for an additional challenge, coupled with the option to set target time, distance or calories to offer variety every time you use it.

The inclusion of a 7kg flywheel plus the adjustable pedals and comfort saddle aids in the workout of all the key muscle groups for a smooth and comfortable ride.

RET-97008W
RET-97008K

ZR-SERIES

REEBOKFITNESS.INFO
Scan the QR Code to see the full ZR Series

ZR ROWER

The ZR Rower is designed for fitness. Utilising a 1.23m rail and 6.5kg flywheel, the ZR Rower provides a smooth action for your workout. Featuring 12 pre-set programmes, heart rate control, race mode and a manual programme, the opportunities for versatile cardio exercise are almost endless.

The 16 resistance levels provide you with the platform to adjust your workout easily through the LCD monitor, coupled with a wireless heart monitor to keep track of your heart rate.

Rowing machines can help build and tone muscles and greatly improve your cardiovascular performance. The key benefit is also for the back and joints as rowing relieves stress on these areas and provides a low impact workout, but with all the benefits of other cardio workouts.

RE1-11850000BL
RE1-11850000WH
RE1-11850000YL
RE1-11850000PPL

RE1-11850000BK
RE1-11850000WH
RE1-11850000RD

REEBOKFITNESS.INFO
Scan the QR Code to see the full ZR Series

S1 BIKE

The S1 Indoor Bike can help you work out a much larger set of muscle groups as opposed to standard indoor cycles due to the larger variety of positions you can assume. There are 5 standard positions in spinning: seated flat, standing flat, seated climb, standing climb and jumps. The emphasis of spinning is to replicate road bike movements as closely as possible at the same time working key muscles in the legs, core, back and upper body for a more complete workout.

To aid this, the S1 features a substantial 14kg flywheel, providing the rider with a much smoother ride compared to standard exercise bikes. 32 levels of electronically controlled resistance also provide that extra challenge. The new and innovative self-powered generator system means that you can take your workout anywhere without the need to worry about a power source. Your motion powers such features as the hand pulse sensor and the versatile computer display which shows a wide range of functions including speed, time, distance or your calories burnt. Staying true to spinning, you are also able to set a personal target time, distance, heart rate or calories burnt to stay on top of your workout.

Spin bikes can help maximise your body's fat burning ability and, at the same time, offering a low impact workout. Motion in different areas of the body including the shoulders, back and legs helps further improve your fat burning potential in less time!

selfpower

REEBOKFITNESS.INFO
Scan the QR Code to see the full ZR-Series

i-RUN 3.0

INTRODUCING THE NEW i-RUN 3.0.

RUNNING DESIGNED FOR CONVENIENCE - FOLDS UP TO A COMPACT 34cm TO FIT IN THE SMALLEST SPACES FOR SIMPLE EFFECTIVE STORAGE.

Featuring an innovative folding mechanism, the i-Run 3.0 folds completely flat with the console and handles sitting in line with the running deck. When you receive the i-Run 3.0 it is 100% built – requiring you to simply unpack, unfold and go!

You can get straight into your workout and make use of the 12 preset programmes and 2 levels of manual incline - offering a varied and challenging routine.

Exercise in comfort with the 8 piece cushioning system which absorbs every stride whilst running. Plus, as the i-Run is so versatile, you can even adjust the angle of the console to provide you with a comfortable view of all your vital workout stats.

- 1.5HP MOTOR
- 1-13KM/H
- LED DISPLAY
- 124 X 77 X 159CM
- COMPACT FOLDING
- HAND PULSE SENSORS
- 8 PIECE ELASTOMER CUSHIONING
- 2 MANUAL INCLINE LEVELS
- 12 PRE SET PROGRAMMES
- 120 x 41cm AREA

BURSTING WITH FUN.

REEBOKFITNESS.INFO
Reebok UK Ltd, Suite 10, Wells House, The Park, Enfield, EN1 3HX

ACCESSORIES

FLEX BEYOND YOUR EXPECTATIONS

The range of Reebok Accessories provides a huge variety of equipment in a vibrant mix of colours, designed with fitness in mind. Whether you want to tone, build strength or improve posture, the range has something for everybody - from dumbbells, weight sets and kettlebells to yoga equipment, boxing gloves and gymballs.

IGNITE YOUR WORKOUT. LIVE WITH FIRE

Reebok

SOFTGRIP HAND WEIGHTS

RAWT1100KG RAWT1100YL RAWT1100CY

- 2 x foam covered dumbbells
- Adjustable strap to suit individual hand sizes
- Weight range 0.5kg>MAX. (1kg>YL / 2kg>CY)

8KG WEIGHT SET

RAWT-40005

- 2 x variable weight dumbbells 1-4kg
- Each weight contains 4 x 0.5kg and 4x0.25kg and 2 x 1kg handle.

KETTLEBELLS

RAWT1800GN RAWT1800YL RAWT1800CY

- Gloss finish coating
- Durable powder coating
- Weight range 2kg>GN, 3kg>YL, 4.5kg>CY

DUMBBELLS

RAWT1000GN RAWT1000BK RAWT1000YL RAWT1000CY RAWT1000PK

- Vinyl coated dumbbells
- Weight range 1kg>GN, 2kg>BK, 3kg>YL, 4kg>CY, 5kg>PK

DUMBBELL SET

RAWT1100S6

- Vinyl coated iron weights
- Includes storage tree
- Weight range 2x1kg, 2x2kg, 2x3kg

REEBOKFITNESS.INFO
Scan the QR Code to see the full Accessories Range

ACCESSORIES STRENGTH

MEDICINE BALL

RAB-A12NAVY RAB-A12PNK RAB-A12SCY RAB-A12YEL

- Material rubber 2 mm extra material
- Diameter 23,5cm / 25cm / 30cm
- Weight 4kg-Yellow / 6kg-Pink / 10kg-Blue

WRIST WEIGHTS

RAWT-WCPNK RAWT-WCSCY RAWT-WCYEL

- 2 x wrist weights
- Soft neoprene material
- One size fits all
- Weight range 0,5kg=MG / 1,0kg=YL / 1,5kg=CY

ANKLE WEIGHTS

RAWT-WCPNK RAWT-WCYEL RAWT-WCSCY

- 2 x ankle weights
- Soft neoprene material
- One size fits all
- Weight range 0,5kg=MG / 1,0kg=YL / 1,5kg=CY

Did you know

...Because we achieve the weight of the medicine ball by means of a solid outer surface and hollow interior you can drop – and even bounce – the balls for speed and reaction training.

RESISTANCE

Our range of resistance products provide you with the versatility to tone, flex and workout a number of different muscles easily through a variety of different planes of motion - all in a fantastic choice of vibrant colours.

With such versatility in the number of resistance workouts you can do, you can target almost every muscle in your upper body allowing you to do much more exercise in less time!

RESISTANCE TUBE

RATB-11030Mg
RATB-11030Cy

RATB-11031YL

- Lightweight strength workout
- Soft grip handles
- 3 different strength levels (L1) Magenta, (L2) Yellow, (L3) Cyan

PRO RESISTANCE TUBES

RATU-45704

- Colour coded weights
- Moulded handle for body shaping
- Supplied with 3 resistance tubes (L1) Magenta, (L2) Yellow, (L3) Cyan

TONING BANDS

RTTB-11031

- 6' x 4" x 4mm
- Extra light resistance

GRIP TRAINER

RAGT-11035CY

- 2 x hand grips with contour foam handles improves hand strength
- Sturdy coil spring

TRAINING GLOVES

RAGL-11135PK XS ● RAGL-11135PK S ● RAGL-11135PK M ● RAGL-11135PK L ● RAGL-11135PK XL ●

- Comfort fit
- Padded palm area
- Adjustable wrist strap

Fitness Gloves

RAGL-11133MG ES ● RAGL-11133CY ES ● RAGL-11133MG IM ● RAGL-11133CY IM ● RAGL-11134MG LG ● RAGL-11134CY LG ●

- Comfort fit gloves with coloured fabric inlays
- Ideal for general fitness training
- Small, medium and large sizes

Did you know

...Your skin has a hard life. During an average day they have to cope with heat, water, chemicals and friction.

These fantastic close fitting, anatomical gloves mean that when you are working out it's only your muscles that get harder rather than the skin on your hands.

REEBOKFITNESS.INFO

Scan the QR Code to see the full Accessories Range

LIFE IS A BEAT. STEP TO IT
LIVE WITH FIRE
Reebok

DECK

RAP-40720CY RAP-40070MG

- Step/bench platform with 3 position angle support
- Incline/decline bench
- 2 height positions 20cm/35cm
- Internal storage for weights/ resistance tubes
- Resistance tube included
- Includes workout DVD

Did you know...

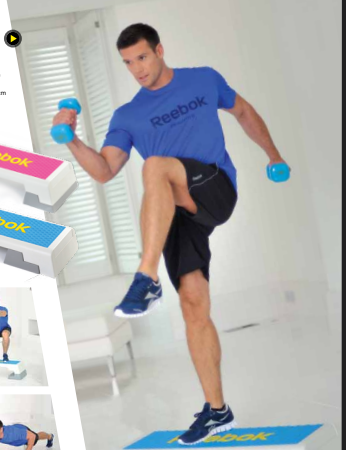
...The Deck can be adjusted into 16 configurations. Our Reebok Training Experts constantly amaze themselves at its versatility!

To date they have come up with over 400 exercises that can be done on the Deck.

STEP

RAP-11150CY RAP-11150MG

- Non-slip feet and workout surface 90cm x 35cm
- Adjustable to 3 heights 15/20/25cm



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EASY**TONE** STEP

TONE YOUR BODY - ONE STEP AT A TIME.

STEP INTO A VERSATILE TOTAL BODY WORKOUT DESIGNED TO HELP TONE AND TIGHTEN MUSCLES.

The integrated balance pods below the step platform have been engineered to create natural instability - forcing muscles to compensate and adapt to encourage toning. You control the intensity of the instability using the adjustable airflow valve on the underside of the platform.

Choose low airflow stability to start with and increase the airflow as you become accustomed to the workout and your core strength and balance improves.

TONE
Total body workout helps tone and tighten muscles.

BALANCE
Natural instability helps improve co-ordination and posture.

STRENGTH
Strengthen core muscles used in day-to-day activities.

CARDIO
Help increase body activity and fitness levels.

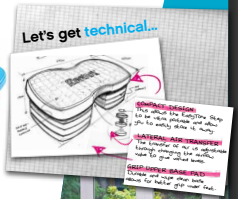
THE RESULT IS A CHALLENGING YET EXTREMELY REWARDING AND BENEFICIAL FITNESS EXPERIENCE.

Includes DVD

RAP-40185B RAP-40185MG RAP-40185CY

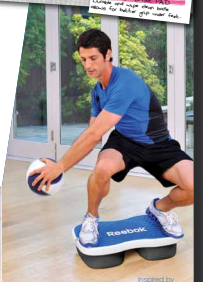
KEY FEATURES

- Total body workout to help tone and tighten muscles.
- Multi-purpose functional training platform provides a diverse range of exercises.
- Balance pods create natural instability to force muscles to adapt.
- Reversible usage. Workout with pods up and pods down.
- Adjustable air transfer between pods allows you to tailor the intensity of your workout.
- Includes a free DVD to lead you through an extremely rewarding and beneficial new fitness experience.
- Adjustable airflow valve.


Let's get technical...
CONSTANT DESIGN
This valve sets the EasyTone Step to be open all the time, and allow air to easily enter & exit the pods.
NATURAL AIR TRANSFER
The number of air in-between pods encourages the natural flow of natural levels.
DEEP WATER BASE PAD
Unique and easy water base valve for better grip.

Position 1: Locks the pods equalising their size.

Position 2: Unlocks the pods to create constant air flow.



Inspired by
EASY**TONE**
Moving Air Technology

REEBOKFITNESS.INFO
Scan the QR Code to see the full Accessories Range

TRAINPOD

PUT THE BOUNCE BACK IN YOUR WORKOUT

A TONING EXPERIENCE DESIGNED TO WORK MUSCLES YOU NEVER KNEW YOU HAD – UNIQUE AIRPOD DYNAMIC INSTABILITY HELPS ENCOURAGE MUSCLE ACTIVATION.

The Pod provides a challenging unstable platform for feet, hands or arms, resulting in the whole core being forced to work hard to keep the body stabilised. The exercise possibilities are almost endless with this versatile product.

Includes DVD

TRAINPOD

RAP-40350BL RAP-40350MG
RAP-40350CY

- Total body workout to help tone and tighten muscles.
- Multi-purpose functional training platform provides a huge range of exercises.
- TrainPod creates challenging instability forcing muscles to work hard.
- Adjustable air pressure allows varied intensity.

CHALLENGE YOUR BODY TO A COMPLETE WORKOUT WITH THE VERSATILE FUN AND ADDICTIVE TRAINPOD.

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Scan the QR Code to see the full Accessories Range

55cm

65cm

75cm

TWO TONE GYMBALL

RAB-40015MG (55cm)
RAB-40016MG (65cm)
RAB-40017MG (75cm)
RAB-40016CY (65cm)
RAB-40017CY (75cm)

- Ideal for sit ups, back exercises and general fitness
- 2 tone colour gymball
- Diameter 55cm/65cm/75cm
- Includes workout DVD

GYMBALL

RAB-11015MG (55cm)
RAB-11016MG (65cm)
RAB-11017MG (75cm)
RAB-11016CY (65cm)
RAB-11017CY (75cm)

- Ideal for sit ups, back exercises and general fitness
- Diameter 55cm/65cm/75cm
- Includes workout DVD

FIND YOUR BALANCE

Offering a perfect balance between support and stability, Reebok gymballs perform at optimum levels, allowing you to do a number of dynamic exercises to tone your body and improve posture, flexibility and strength.

With a great range of colours and sizes available, we have gymballs for everybody.

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Scan the QR Code to see the full Accessories Range

MOVE LIKE YOU'RE MEANT TO

Skipping is an exercise that has been widely used for decades to build endurance, speed and agility making it the natural choice for some of the fittest athletes on the planet.

Our versatile range of skipping ropes allows for flexibility during your workout. From adjustable weights down to simple speed ropes, you can work out in comfort with our ergonomic handles and adjustable rope length tailored for your workout.

1. SPEED ROPE

RARP-11282CY RARP-11281MG

- Fast smooth motion
- Ergonomic lightweight handles
- 3m adjustable rope

2. PRO SPEED ROPE

RARP-11282CY

- Fast smooth motion
- Ergonomic handles with rubber grip
- 2.8m adjustable rope

3. WEIGHTED SPEED ROPE

RARP-40082CY

- Easily adjustable, 3m length rope
- Removable 45g steel bars to create added weight
- Storage case/wall bracket

REEBOKFITNESS.INFO

Scan the QR Code to see the full Accessories Range

DON'T PUSH BOUNDARIES. BREAK THROUGH THEM
Reebok
Reebok
Reebok

BOXING GLOVES

RABX-11020-OR RABX-11020-BU RABX-11020-BK

- High quality leather gloves with Velcro strap
- Unique comfort and breathable palm
- Available in two weights, 8oz=CYMG / 10oz=BK

HAND WRAPS

RABX-11070-BK RABX-11070-OR RABX-11070-CY

- 3 Colour styles
- Velcro strap
- Length 3m
- One size fits all

BOXING MITTS

RABX-11019-BK RABX-11019-MG RABX-11019-OY

- High quality PU
- Shock absorbing pre formed durable foam padding
- Available in two sizes, Medium=CYMG / Large=BK

PUNCHBAG WALL BRACKET

RABX-11202

- Black steel construction
- Wall fixings not included

4FT PUNCHBAG

RABX-11215

- 4ft Durable Cordura fabric with 3 secure straps
- Shock absorbing EVA foam and ergonomic cushioning
- Custom branded carry straps
- Heavy duty chain

PUNCHBAG CEILING HOOK

RABX-11460

- Strong steel hook for attaching punchbag to the ceiling
- Can hold up to 65kgs

HOOK & JAB PADS

RABX-10148-BK RABX-10148-MG RABX-10148-OY

- Shock absorbing high density foam padding
- Velcro fastening
- High quality PU

WHEN LIFE BENDS, BEND WITH IT
Reebok

YOGA STRAP

RAYG-10023CY RAYG-10023MO

- Cotton and Polyester
- 2.5m long with metal buckle

FOAM ROLLER

RAYG-11009

- High density foam
- 15cm diameter x 61cm

YOGA BLOCK

RAYG-10025

- Assists with balance and stretching exercises
- 9 x 6 x 3"

Did you know...

...Yoga is one of the oldest and most respected forms of exercise. It aims to improve a diverse range of objectives ranging from the obvious improvements to flexibility and muscle tone, through to the more mysterious – like some people believing it can act as an antidepressant or mood enhancer.

TRI-FOLD FITNESS MAT

RAMT-40021CY RAMT-40021MG

- 3 fold fitness mat 130 x 58 x 0.6cm
- Breathable mesh bottom with Eco Eva foam
- Easy fold
- Detachable velcro shoulder strap

FITNESS MAT

RAMT-11024CY RAMT-11024MG

- Padded reversible mat
- 2 tone colours
- Includes carry strap
- 173 x 61 x 0.6cm

YOGA MAT

RAYG-11022CY RAYG-11022MG

- 173 x 61 x 0.4cm
- Includes carry strap

PREMIUM YOGA MAT

RAYG-40022CY RAYG-40022MG

- Non-slip washable 180 x 60 x 0.5cm
- 2 tone colours
- Includes carry strap

REEBOKFITNESS.INFO
Scan the QR Code to see the full Accessories Range

KEEP YOUR WORKOUT GOING

For all your essential fitness requirements, the Reebok Elements range has exactly what you need. Classic, functional design available in a versatile range of equipment including steps, weights and skipping ropes. The Reebok Elements range gives you everything you need for a fun and varied workout, whatever your goal.

LIVE WITH FIRE

ELEMENTS

Reebok

GYMBALL

RAEL-11016BL

- Ideal for sit ups, back exercises and general fitness
- Diameter 65cm

WRIST WEIGHTS

RAEL-11017L

- 2 x 1kg wrist weights with simple thumb lock
- Easily adjustable velcro straps

STEP

RAEL-11150BL

- Non-slip feet and workout surface 90cm x 35cm
- Adjustable to 3 heights 15/20/25cm

ANKLE WEIGHTS

RAEL-11013BL

- 2x 1kg ankle weights
- Soft Neoprene material
- One size fits all

SOFTGRIP HAND WEIGHTS

RAEL-11052P

- 2 x 1kg foam covered hand weights
- Adjustable wrist to suit individual hand size

DECK

RAEL-11015BL

- Smooth/bench/bottom 3 position angle aspect
- Non-slip/adjustable 30/60/90cm
- 2 height settings for weight/resistance rope
- Weight storage for weights
- Resistance tube storage
- Includes workout DVD

SPEED ROPE

RAEL-11018BL

- Fast smooth motion
- Ergonomic lightweight handles
- 3m adjustable rope

RESISTANCE TUBE

RAEL-11031GR (L) RAEL-11032GR (L)

- Lightweight strength workout
- Soft grip handles
- 2 different strength levels

PRO SPEED ROPE

RAEL-11028BK

- Fast smooth motion
- Ergonomic handles with rubber grip
- 2.8m adjustable rope

YOGA SET

RAEL-11035SR

- Includes yoga mat, yoga block, yoga strap and yoga bag

YOGA MAT

RAEL-11022SR

- 3-pillar carry strap
- 173 x 61 x 0.4cm

TRI-FOLD MAT

RAEL-11021SR

- Padded nylon
- 183 x 61 x 1.0cm
- Easy to clean
- Neoprene

FITNESS MAT

RAEL-11016WL

- Padded reversible mat
- 173 x 61 x 0.6cm

WATER BOTTLE

RAEL-41201SR

- 750ml
- Screw top
- Carry handle
- Flip lid
- Non-spill

FITNESS GLOVES

RAEL-11332SR (S/M) RAEL-11348SR (L/XL)

- Comfort fit gloves with coloured fabric inlays
- Ideal for general fitness training
- Small/medium and large/extra large sizes

REEBOKFITNESS.INFO

Scan the QR Code to see the full Elements range

CV MACHINE ACCESSORIES

CV MAT

RAMT-10229 (Bike/Elliptical) RAMT-10329 (Treadmill)

- Protects flooring and improves stability
- Durable finish
- Treadmill mat 200 x 100cm
- Bike/Elliptical mat 155 x 65cm

FLOOR GUARDS

RAMT-10229

- Protects flooring
- Pack of 4 with edge trim
- Size 120 x 120cm

MODEL	S1 INDOOR BIKE	ZR10 BIKE	ZR8 BIKE	ZR7 BIKE
COLOURS	RE1-11600	RE1-12000WH RE1-12000BK	RE1-11800WH RE1-11800BK	RE1-11700WH RE1-11700BK
DIMENSIONS	119 x 52 x 119cm	110 x 51 x 140cm	102 x 48 x 132cm	100 x 52 x 136cm
FEATURES 1	New Self Generating Power System	New Self Generating Power System	Transport Wheels	Transport Wheels
FEATURES 2	Transport Wheels	Transport Wheels	–	–
BRAKES	Electronic Computer Control	Electronic Computer Control	Electronic Computer Control	Manual Adjustment
RESISTANCE	32 Resistance Levels	32 Resistance Levels	32 Resistance Levels	8 Resistance Levels
FLYWHEEL	14kg Flywheel (22.1kg inertia)	7kg Flywheel	9kg Flywheel	7kg Flywheel
DISPLAY	5 x 8cm LCD Display	12.5 x 57cm Backlit LCD Display with red illuminated buttons	12.6 x 57cm LCD Display	12.6 x 57cm LCD Display
FUNCTIONS	Speed / Time / Distance / Calories Pulse / RPM / Watts	Speed / Time / Distance / Calories Pulse / RPM / Watts / Bodyfat	Speed / Time / Distance / Calories Pulse / RPM / Watts	Speed / Time / Distance / Calories Pulse / RPM / Clock
PROGRAMMES	12 Pre-set Programmes plus Manual, 4 Target Programmes, User Defined Programme, Watts Control and Recovery	12 Pre-set Programmes plus Manual, 3 Target Programmes, Watts Control, Heart Rate Control, User Defined Programme, Bodyfat and Recovery	12 Pre-set Programmes plus 4 Target Programmes, Watts Control, User Defined Programme and Recovery	Manual / Target Time / Target Distance Target Calories / Target Pulse
USER PROFILES	–	4	–	–
ADJUSTMENTS	Vertical and Horizontal Saddle Adjustment, Adjustable Pedal Straps, Vertical Handlebar Adjustment, Floor Level Adjustment	Vertical and Horizontal Saddle Adjustment, Adjustable Pedal Straps, Handlebar Adjustment, Floor Level Adjustment	Vertical and Horizontal Saddle Adjustment, Adjustable Pedal Straps, Handlebar Adjustment, Floor Level Adjustment	Vertical Seat Adjustment, Adjustable Pedal Straps, Floor Level Adjustment
PULSE MEASUREMENT	Hand Pulse	Hand Pulse / Wireless Receiver	Hand Pulse	Hand Pulse
MAX USER WEIGHT	135kg	135kg	120kg	120kg
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MODEL	TC1.0 BIKE	TC2.0 BIKE	TC3.0 BIKE
COLOURS	RVTT-10101WH RVTT-10101BK	RVTT-10401WH RVTT-10401BK	RVTT-10701WH RVTT-10701BK
DIMENSIONS	111 x 55 x 142cm	111 x 55 x 142cm	111 x 55 x 142cm
FLYWHEEL	5kg Flywheel Weight	11kg Flywheel Weight	11kg Flywheel Weight
RESISTANCE	20 Levels of Magnetic Resistance	25-400 Watt, 75 Levels of Resistance	25-400 Watt, 75 Levels of Resistance
DISPLAY	i-Drive Console System / 5" LCD Display Screen	i-Drive Console System / 5" LCD Display Screen	i-Drive Console System / 7" LCD Display Screen
FUNCTIONS	Self Levelling Pedals / MP3 Input With Built In Speaker System / Ergonomic Seat Design	Self Levelling Pedals / MP3 Input With Built In Speaker System / Ergonomic Seat Design / ICS Intelligent Cadence System	Self Levelling Pedals / MP3 Input With Built In Speaker System / Ergonomic Seat Design / ICS Intelligent Cadence System / Apple and Android Compatible OS / Run On Earth App Compatible / Bluetooth Connectivity
PROGRAMMES	20 Console Programs / User Profiles Heart Rate Control	20 Console Programs / User Profiles Heart Rate Control	20 Console Programs / User Profiles Heart Rate Control
PULSE MEASUREMENT	Hand Pulse / Wireless Receiver	Hand Pulse / Wireless Receiver	Hand Pulse / Wireless Receiver
MAX USER WEIGHT	135kg	140kg	145kg
	Page 14	**Page 15**	**Page 16**

MODEL	ZR11 TREADMILL	ZR10 TREADMILL	ZR8 TREADMILL	ZR7 TREADMILL	i-RUN 3.0
COLOURS	RE1-1212WH - WITH HRC RE1-1212BK - WITH HRC	RE1-1222WH - WITH HRC RE1-1222BK - WITH HRC	RE1-1182WH RE1-1182BK	RE1-1172WH RE1-1172BK	RVT-1021WH
DIMENSIONS	186 x 90 x 145cm	174 x 83 x 142cm	165 x 74 x 143cm	163 x 76 x 142cm	124 x 77 x 159cm
FOLDED DIMENSIONS	110 x 90 x 159cm	109 x 82 x 149cm	102 x 74 x 143cm	98 x 76 x 143cm	159 x 77 x 33cm
CUSHIONING	Multi-Point Zig/Iech Cushioning	Multi-Point Zig/Iech Cushioning	Multi-Point Zigtech Cushioning	Multi-Point Zig/Iech Cushioning	8 cushioning pads
FEATURES 1	Easy Folding with Soft Drop Mechanism	Easy Folding with Soft Drop Mechanism	Easy Folding with Soft Drop Mechanism	Easy Folding with Soft Drop Mechanism	Quick, compact folding plus transport wheels
FEATURES 2	Quick Speed / Incline and Handlebar Controls	Quick Speed / Incline and Handlebar Controls	Quick Speed / Incline and handlebar controls	Quick Speed and Handlebar Controls	Quick speed and incline levels
INCLINE	15 Electronic Incline Levels	15 Electronic Incline Levels	15 Electronic Incline Levels	2 Manual Incline Levels	2 manual incline levels
MOTOR	2.5HP Motor	2.0HP Motor	2.0HP Motor	1.5HP Motor	1.5HP DC Motor
SPEED	1-18km/h	1-18km/h	1-16km/h	1-13km/h	1-13km/h
DISPLAY	LCD Display with Blue and Yellow Backlight, Cooling Fan, MP3 Input plus Speakers and Separate Volume Control	LCD Display with Blue and Yellow Backlight, Cooling Fan, MP3 Input plus Speakers and Separate Volume Control	LED Lit Display with MP3 Input, Speakers and Separate Volume Control	LED Lit Display	Adjustable console angle with 3 LED windows
FUNCTIONS	Speed / Time / Distance / Calories / Pulse Incline / Programme Display / Chart Profile	Speed / Time / Distance / Calories / Pulse Incline / Programme Display / Chart Profile	Speed / Time / Distance / Calories / Pulse Incline / Chart Profile	Speed / Time / Distance / Calories / Pulse Chart Profile	Speed / Time / Distance / Calories / Pulse / Programme Display
PROGRAMMES	24 Preset Programmes plus Bodyfat, 3 Target Programmes and 3 User Defined Programmes plus 3 x HRC Programmes	24 Preset Programmes plus Bodyfat, 3 Target Programmes and 3 User Defined Programmes plus 3 x HRC Programmes	24 Preset Programmes plus Bodyfat, 3 Target Programmes and 3 User Defined Programmes	24 Preset Programmes plus Bodyfat, 3 Target Programmes and 3 User Defined Programmes	12 Preset Programmes plus Bodyfat and 1 manual programme
USER PROFILES	–	–	–	–	–
PULSE MEASUREMENT	Hand Pulse / Wireless Receiver	Hand Pulse / Wireless Receiver	Hand Pulse	Hand Pulse	Hand Pulse
RUNNING AREA	137 x 50cm	132 x 45cm	126 x 41cm	126 x 41cm	120 x 41cm
MAX USER WEIGHT	130kg	120kg	120kg	120kg	100kg
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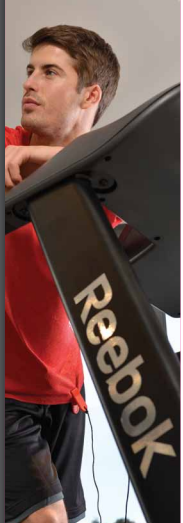

MODEL	TT1.0 TREADMILL	TT2.0 TREADMILL	TT5.0 TREADMILL
COLOURS	RVTT-10121WH RVTT-10121BK	RVTT-10421WH RVTT-10421BK	RVTT-10721WH RVTT-10721BK
DIMENSIONS	185 x 87 x 139cm	192 x 87 x 139cm	192 x 87 x 139cm
FOLDED DIMENSIONS	117 x 87 x 157cm	124 x 87 x 161cm	124 x 87 x 161cm
MAX SPEED	18 kph	20 kph	20 kph
RUNNING AREA	50 x 140cm	50 x 150cm	50 x 150cm
RESISTANCE	16 Levels of Electronic Incline	16 Levels of Electronic Incline	16 Levels of Electronic Incline
MOTOR	2.5 HP Continuous Duty Motor	2.75 HP Continuous Duty Motor	3.00 HP Continuous Duty Motor
DISPLAY	i-Drive Console System / 5" LCD Display Screen	i-Drive Console System / 7" LCD Display Screen	i-Drive Console System / 7" LCD Display Screen
FEATURES	Speed & Incline Handlebar Controls / Triple Flex Cushioning System / Folding Design / Soft Drop System / USB Charger / MP3 Input With Built In Speaker System	Speed & Incline Handlebar Controls / Triple Flex Cushioning System / Folding Design / Soft Drop System / USB Charger / MP3 Input With Built In Speaker System / Cooling Fan	Speed & Incline Handlebar Controls / Triple Flex Cushioning System / Folding Design / Soft Drop System / USB Charger / MP3 Input With Built In Speaker System / Cooling Fan / Apple and Android Compatible OS / Run On Earth App Compatible / Bluetooth Connectivity
PROGRAMMES	17 Console Programmes / User Profiles / Heart Rate Control	17 Console Programmes / User Profiles / Heart Rate Control	17 Console Programmes
PULSE MEASUREMENT	Hand Pulse Sensor / Wireless Pulse Receiver	Hand Pulse Sensor / Wireless Pulse Receiver	Hand Pulse Sensor / Wireless Pulse Receiver
MAX USER WEIGHT	135kg	140kg	145kg
	Page 6	**Page 7**	**Page 8**

MODEL	ZR10F ELLIPTICAL	ZR10 ELLIPTICAL	ZR8 ELLIPTICAL	ZR7 ELLIPTICAL
COLOURS	RE1-1205WH RE1-1205BK	RE1-1210WH RE1-1210BK	RE1-1180WH RE1-1180BK	RE1-1170WH RE1-1170BK
DIMENSIONS	182 x 67 x 174cm	144 x 63 x 173cm	144 x 63 x 169cm	143 x 64 x 167cm
FOLDED DIMENSIONS	135 x 67 x 174cm	–	–	–
FEATURES 1	New Self Generating Power System	New Self Generating Power System	Transport Wheels	Transport Wheels
FEATURES 2	Folding Mechanism	Transport Wheels	–	–
BRAKES	Electronic Computer Control	Electronic Computer Control	Electronic Computer Control	Manual Adjustment
RESISTANCE	32 Resistance Levels	32 Resistance Levels	32 Resistance Levels	8 Resistance Levels
FLYWHEEL	7kg Flywheel	7kg Flywheel	9kg Flywheel	7kg Flywheel
DISPLAY	12.5 x 5.7cm Backlit LCD Display with Red Illuminated Buttons	12.5 x 5.7cm Backlit LCD Display with Red Illuminated Buttons	12.6 x 5.7cm LCD Display	12.6 x 5.7cm LCD Display
FUNCTIONS	Speed / Time / Distance / Calories / Pulse RPM / Watts / Bodyfat	Speed / Time / Distance / Calories / Pulse RPM / Watts / Bodyfat	Speed / Time / Distance / Calories / Pulse RPM / Watts	Speed / Time / Distance / Calories / Pulse RPM / Clock
PROGRAMMES	12 Pre-set Programmes plus Manual, 3 Target Programmes, Watts Control, Heart Rate Control, User Defined Programme, Bodyfat and Recovery	12 Pre-set Programmes plus Manual, 3 Target Programmes, Watts Control, Heart Rate Control, User Defined Programme, Bodyfat and Recovery	12 Pre-set Programmes plus 4 Target Programmes, Watts Control, User Defined Programme and Recovery	Manual / Target Time / Target Distance Target Calories / Target Pulse
USER PROFILES	4	4	–	–
ADJUSTMENTS	Floor Level Adjustment	Adjustable Slip Resistant Rubber Footplate, Floor Level Adjustment	Adjustable Slip Resistant Rubber Footplate, Floor Level Adjustment	Adjustable Slip Resistant Rubber Footplate, Floor Level Adjustment
STRIDE LENGTH	48.2cm Stride Length	38.1cm Stride Length	38.1cm Stride Length	38.1cm Stride Length
PULSE MEASUREMENT	Hand Pulse / Wireless Receiver	Hand Pulse / Wireless Receiver	Hand Pulse	Hand Pulse
MAX USER WEIGHT	135kg	135kg	120kg	120kg
	Page 26	Page 24	Page 30	Page 34

	TX1.0 CROSS TRAINER
MODEL	
COLOURS	RVTT-10111WH RVTT-10111BK
DIMENSIONS	149 x 60 x 158cm
RESISTANCE	20 Levels of Magnetic Resistance
FLYWHEEL	11kg
DISPLAY	i-Drive Console System / 5" LCD Display
FUNCTIONS	Adjustable Footplates / MP3 Input With Built In Speaker System
PROGRAMMES	20 Console Programs / User Profiles / Heart Rate Control
STRIDE LENGTH	16.5"
PULSE MEASUREMENT	Hand Pulse / Wireless Receiver
MAX USER WEIGHT	135kg
	Page 9

	TX2.0 CROSS TRAINER
MODEL	
COLOURS	RVTT-10411WH RVTT-10411BK
DIMENSIONS	149 x 60 x 158cm
RESISTANCE	25-400 Watt, 75 Levels of Resistance
FLYWHEEL	11kg
DISPLAY	i-Drive Console System / 5" LCD Display
FUNCTIONS	Adjustable Footplates / MP3 Input With Built In Speaker System / IC5 Intelligent Cadence System / Apple and Android Compatible OS / Run On Earth App Compatible / Bluetooth Connectivity
PROGRAMMES	20 Console Programs / User Profiles / Heart Rate Control
STRIDE LENGTH	16.5"
PULSE MEASUREMENT	Hand Pulse / Wireless Receiver
MAX USER WEIGHT	140kg
	Page 10

	TXF5.0 CROSS TRAINER
MODEL	
COLOURS	RVTT-10711WH RVTT-10711BK
DIMENSIONS	168 x 62 x 166cm
RESISTANCE	25-400 Watt, 75 Levels of Resistance
FLYWHEEL	10kg
DISPLAY	i-Drive Console System / 7" LCD Display
FUNCTIONS	Adjustable Footplates / MP3 Input With Built In Speaker System / IC5 Intelligent Cadence System / Apple and Android Compatible OS / Run On Earth App Compatible / Bluetooth Connectivity
PROGRAMMES	20 Console Programs / User Profiles / Heart Rate Control
STRIDE LENGTH	19.5"
PULSE MEASUREMENT	Hand Pulse / Wireless Receiver
MAX USER WEIGHT	145kg
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MODEL	ZR ROWER
COLOURS	RE11650BKBL RE11650BKGN RE11650WHBL RE11650WHGN RE11650BKYL RE11650BKRD RE11650WHYL
DIMENSIONS	195 x 85 x 52cm
FOLDED DIMENSIONS	148 x 90 x 52cm
FEATURES 1	Easy Fold Rail
FEATURES 2	–
BRAKES	Electronic Computer Control
RESISTANCE	16 Resistance Levels
FLYWHEEL	6.5kg Flywheel
DISPLAY	131 x 67cm LCD Display
FUNCTIONS	Time / Calories / Pulse / RPM / Strokes Metres
PROGRAMMES	12 Pre-set Programmes plus Manual HR Control / Race
USER PROFILES	1
ADJUSTMENTS	Floor Level Adjustment
RUNNER LENGTH	1.23m
PULSE MEASUREMENT	Wireless Pulse Receiver
MAX USER WEIGHT	120kg

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	Code	Name	$	£	€	Page No.
	RVTT-1032BK RVTT-1032WH	TT1.0 Titanium Treadmill - Black TT1.0 Titanium Treadmill - White	$1,799.00	£1,299.00	€ 1,299.00	06
	RVTT-1042BK RVTT-1042WH	TT2.0 Titanium Treadmill - Black TT2.0 Titanium Treadmill - White	$1,999.00	£1,499.00	€ 1,499.00	07
	RVTT-1023BK RVTT-1023WH	TT3.0 Titanium Treadmill - Black TT3.0 Titanium Treadmill - White	$2,499.00	£1,799.00	€ 1,799.00	08
	RVTT-1011BK RVTT-1011WH	TX1.0 Titanium Cross Trainer - Black TX1.0 Titanium Cross Trainer - White	$999.00	£799.00	€ 799.00	09
	RVTT-1041BK RVTT-1041WH	TX2.0 Titanium Cross Trainer - Black TX2.0 Titanium Cross Trainer - White	$1,299.00	£999.00	€ 999.00	10
	RVTT-1071BK RVTT-1071WH	TXF3.0 Titanium Front Drive Cross Trainer - Black TXF3.0 Titanium Front Drive Cross Trainer - White	$1,499.00	£1,199.00	€ 1,199.00	11
	RVTT-1010BK RVTT-1010WH	TC1.0 Titanium Bike - Black TC1.0 Titanium Bike - White	$799.00	£599.00	€ 599.00	14
	RVTT-1040BK RVTT-1040WH	TC2.0 Titanium Bike - Black TC2.0 Titanium Bike - White	$999.00	£699.00	€ 699.00	15
	RVTT-1070BK RVTT-1070WH	TC3.0 Titanium Bike - Black TC3.0 Titanium Bike - White	$1,149.00	£799.00	€ 899.00	16
	RE1-1213BK RE1-1213WH	ZR11 HRC Tread - Black/Green ZR11 HRC Tread - White/Green	$1,799.00	£1,299.99	€ 1,299.00	20
	RE1-1202BK RE1-1202WH	ZR10 HRC Tread - Black/Blue ZR10 HRC Tread - White/Blue	$1,499.00	£1,199.99	€ 1,199.00	22

	Code	Name	$	£	€	Page No.
	RE1-1010BK RE1-1010WH	ZR10 Elliptical - Black/Blue ZR10 Elliptical - White/Blue	$999.00	£749.99	€ 799.00	24
	RE1-1200BK RE1-1200WH	ZR10 Bike - Black/Blue ZR10 Bike - White/Blue	$799.00	£599.99	€ 599.00	25
	RE1-1015BK RE1-1015WH	ZR10F Elliptical - Black/Blue ZR10F Elliptical - White/Blue	$1,249.00	£849.99	€ 999.00	26
	RE1-1182GBK RE1-1182GWH	ZR8 Treadmill - Black/Yellow ZR8 Treadmill - White/Yellow	$1,299.00	£999.99	€ 999.00	28
	RE1-1180BK RE1-1180WH	ZR8 Elliptical - Black/Yellow ZR8 Elliptical - White/Yellow	$749.00	£599.99	€ 599.00	30
	RE1-1180GBK RE1-1180GWH	ZR8 Bike - Black/Yellow ZR8 Bike - White/Yellow	$499.00	£499.99	€ 399.00	31
	RE1-1172BK RE1-1172WH	ZR7 Treadmill - Black/Orange ZR7 Treadmill - White/Orange	$999.00	£799.99	€ 699.00	32
	RE1-1170BK RE1-1170WH	ZR7 Elliptical - Black/Orange ZR7 Elliptical - White/Orange	$599.00	£499.99	€ 499.00	34
	RE1-1170GWHBK RE1-1170GBK RE1-1170GWH	ZR7 Bike - White/Black ZR7 Bike - Black/Orange ZR7 Bike - White/Orange	$399.00	£399.99	€ 299.00	35
	RE1-1165GBKBL RE1-1165GBKGN RE1-1165GBKYL RE1-1165GBKRD RE1-1165GWHBL RE1-1165GWHGN RE1-1165GWHYL	ZR Rower - Black/Blue ZR Rower - Black/Green ZR Rower - Black/Yellow ZR Rower - Black/Red ZR Rower - White/Blue ZR Rower - White/Green ZR Rower - White/Yellow	$799.00	£599.99	€ 599.00	36

	Code	Name	$	£	€	Page No.
	REI-I1600	S1 Indoor Bike - Black/Blue	$999.00	£799.99	€ 699.00	38
	RVIT-I312WH	i-Run 3.0 Treadmill White	$899.00	£649.99	€ 649.00	40
	RAWT-I160GMG RAWT-I160SYL RAWT-I160TCY	Kettlebell - 2.5Kg Kettlebell - 5Kg Kettlebell - 7.5Kg	$17.99 $32.99 $44.99	£12.99 £24.99 £34.99	€ 17.95 € 32.95 € 44.95	44
	RAWT-I060MG RAWT-I061YL RAWT-I062CY	Softgrip Hand Weights - 0.5Kg Softgrip Hand Weights - 1Kg Softgrip Hand Weights - 2Kg	$19.99 $29.99 $49.99	£12.99 £19.95 £29.99	€ 19.95 € 27.95 € 46.95	44
	RAWT-40005	Weight Set - 8Kg	$99.99	£69.99	€ 99.95	44
	RAWT-I105SGR RAWT-I105ZMG RAWT-I105ZYL RAWT-I105ACY RAWT-I105SBK	Dumbbell - 1Kg Dumbbell - 2Kg Dumbbell - 3Kg Dumbbell - 4Kg Dumbbell - 5Kg	$5.99 $11.99 $17.99 $23.99 $29.99	£3.99 £7.99 £11.99 £14.99 £19.99	€ 5.95 € 11.95 € 16.95 € 22.95 € 27.95	45
	RAWT-I1056	Dumbbell Set with Case	$79.99	£49.99	€ 79.95	45
	RAWT-I107OMG RAWT-I107YL RAWT-I107CY	Wrist Weights - 0.5Kg Wrist Weights - 1Kg Wrist Weights - 1.5Kg	$17.99 $21.99 $29.99	£12.99 £16.99 £24.99	€ 17.95 € 21.95 € 29.95	46
	RAWT-I107SMG RAWT-I107AYL RAWT-I107SCY	Ankle Weights - 0.5Kg Ankle Weights - 1Kg Ankle Weights - 1.5Kg	$17.99 $21.99 $29.99	£12.99 £19.99 £24.99	€ 17.95 € 21.95 € 29.95	46
	RAB-4022MG RAB-4022YL RAB-4022SCY	Medicine Ball - 1Kg Medicine Ball - 3Kg Medicine Ball - 5Kg	$34.99 $54.99 $69.99	£29.99 £39.99 £49.99	€ 34.95 € 54.95 € 69.95	47
	RATB-I103OMG RATB-I103YL RATB-I103CY	Resistance Tube - L1 Resistance Tube - L2 Resistance Tube - L3	$12.99 $14.99 $17.99	£9.99 £12.99 £14.99	€ 12.95 € 14.95 € 17.95	49

	Code	Name	$	£	€	Page No.
	RATB-I1034	Toning Bands (set of 2)	$29.99	£19.99	€ 27.95	49
	RATB-40034	Pro Resistance Tubes	$39.99	£24.99	€ 37.95	49
	RAWT-I035CY	Grip Trainer	$9.99	£6.99	€ 8.95	49
	RAGL-I113SCY RAGL-I113SMG RAGL-I113SCY RAGL-I113SMG RAGL-I113ACY RAGL-I113MXG	Fitness Gloves - S Fitness Gloves - S Fitness Gloves - M Fitness Gloves - M Fitness Gloves - L Fitness Gloves - L	$21.99	£12.99	€ 19.95	50
	RAGL-I113SBK RAGL-I113SBK RAGL-I113TBK	Training Gloves - S Training Gloves - M Training Gloves - L	$23.99	£14.99	€ 23.95	50
	RAP-4007DCY RAP-4007DMG	Deck	$279.99	£199.99	€ 229.75	54
	RAP-I115OCY RAP-I115OMG	Step	$129.99	£99.99	€ 119.95	55
	RAP-4018SBL RAP-4018SCY RAP-4018SMG	Easytone Step	$129.99	£89.99	€ 119.95	56
	RAP-4018BDL RAP-4018DCY RAP-4018DMG	TrainPod	$59.99	£39.99	€ 54.95	58

	Code	Name	$	£	€	Page No.
	RAB-11015MG	Gymball - 55cm	$24.99	£19.99	€ 24.95	60
	RAB-11016CY RAB-11016MG	Gymball - 65cm Gymball - 65cm	$29.99	£24.99	€ 29.95	60
	RAB-11017CY	Gymball - 75cm	$32.99	£29.99	€ 32.95	60
	RAB-40015MG	Gymball (two tone) - 55cm	$34.99	£24.99	€ 34.95	60
	RAB-40016CY RAB-40016MG	Gymball (two tone) - 65cm Gymball (two tone) - 65cm	$39.99	£29.99	€ 39.95	60
	RAB-40017CY	Gymball (two tone) - 75cm	$49.99	£34.99	€ 47.95	60
	RARF-11018CY RARF-11018MG	Speed Rope	$7.99	£6.99	€ 7.95	63
	RARF-11052CY	Pro Speed Rope	$12.99	£9.99	€ 12.95	63
	RARF-40082CY	Weighted Pro Speed Rope	$24.99	£19.99	€ 24.95	63
	RABX-11003BK RABX-11003CY RABX-11003MG	Boxing Gloves	$99.99	£49.99	€ 88.95	66
	RABX-11007BK RABX-11007CY RABX-11007MG	Hand Wraps	$7.99	£4.99	€ 7.95	66

	Code	Name	$	£	€	Page No.
	RABX-11018BK RABX-11018CY RABX-11018MG	Boxing Mitts PU	$29.99	£25.99	€ 29.95	66
	RABX-11048BK RABX-11048MG	Hook & Jab Pads	$39.99	£35.99	€ 39.95	67
	RABX-11202	Punchbag Wall Bracket	$39.99	£34.99	€ 34.95	67
	RABX-11245	Punchbag (4' Cordura)	$99.99	£69.99	€ 89.95	67
	RABX-11460	Punchbag Ceiling Hook	$9.99	£7.99	€ 9.95	67
	RAYG-10023CY RAYG-10023MG	Yoga Strap	$12.99	£7.99	€ 12.95	70
	RAYG-11009	Foam Roller	$49.99	£34.99	€ 49.95	70
	RAYG-10025	Yoga Block	$9.99	£6.99	€ 9.95	70
	RAMT-40021CY RAMT-40021MG	Tri-Fold Fitness Mat	$59.99	£39.99	€ 59.95	71
	RAMT-11024CY RAMT-11024MG	Fitness Mat	$32.99	£24.99	€ 32.95	71
	RAYG-11022CY RAYG-11022MG	Yoga Mat	$21.99	£19.99	€ 21.95	71

	Code	Name	$	£	€	Page No.
	RAYG-40022CY RAYG-40022MG	Premium Yoga Mat	$59.99	£39.99	€ 59.95	71
	RAEL-11016BL	Gymball - 65cm	$25.99	£19.99	€ 26.95	74
	RAEL-11061GR	Softgrip Hand Weights - 1Kg	$24.99	£17.99	€ 25.95	75
	RAEL-11071BL	Wrist Weights - 1Kg	$19.99	£14.99	€ 20.95	74
	RAEL-11073BL	Ankle Weights - 1Kg	$19.99	£14.99	€ 18.95	74
	RAEL-11150BL	Step	$129.99	£79.99	€ 119.95	74
	RAEL-40070BL	Deck	$279.99	£169.99	€ 229.95	75
	RAEL-11031GR RAEL-11032GR	Resistance Tube - L2 Resistance Tube - L3	$12.99 $14.99	£9.99 £12.99	€ 15.95 € 17.95	75
	RAEL-11081BL	Speed Rope	$5.99	£4.99	€ 8.95	75

	Code	Name	$	£	€	Page No.
	RAEL-11083SK	Pro Speed Rope	$9.99	£7.99	€ 12.95	75
	RAEL-11025GR	Yoga Set	$39.99	£29.99	€ 44.95	76
	RAEL-11022GR	Yoga Mat	$19.99	£17.99	€ 20.95	76
	RAEL-11021BK	Tri-Fold Mat	$21.99	£13.99	€ 22.95	76
	RAEL-11024BL	Fitness Mat	$27.99	£24.99	€ 30.95	77
	RAEL-10750GR	Water Bottle	$5.99	£4.99	€ 6.95	77
	RAEL-11133GR	Fitness Gloves - S/M	$19.99	£10.99	€ 19.95	77
	RAEL-11134BK	Fitness Gloves - L/XL	$19.99	£10.99	€ 19.95	77
	RAMT-10029	Floor Guards	$29.99	£29.99	€ 29.95	78
	RAMT-10229	CV Mat - Bike/Elliptical	$39.99	£34.99	€ 39.95	78
	RAMT-10329	CV Mat - Treadmill	$69.99	£49.99	€ 69.95	78